

# Primary Care and other Community Resource Guide

Updated 2023

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## Local Emergency Rooms/ Hospitals

Newark Beth Israel Medical Center	(973) 926-7000	Main #
201 Lyons Ave, Newark, NJ 07112	(973) 926-7240	ER
	1-(888)-724-7123	Physician Referral
Overlook Hospital Union Campus	(908) 522-3770	Main #
1000 Galloping Hill Rd, Union, NJ 07083	(855) 862-2778	Hospital Services
	1-(800)-247-9580	Physician Referral
Trinitas Hospital	(908) 994-5000	Main #
225 Williamson St, Elizabeth, NJ 07202	(908) 994-5422	ER
	1-(888)-877-4648	Physician Referral
St. Michaels Medical Center	(973) 877-5000	Main #
111 Central Ave Newark, NJ 07102	(973) 877-5500	ER
	(973) 877-5080	Primary Care
Cooperman Barnabas Medical Center	(973) 322-5000	Main #
94 Old Short Hills Road Livingston, NJ 07039	(973) 322-5180	ER
	1-(888)-724-7123	Physician Referral
University Hospital	(973) 972-4300	Main #
150 Bergen Street Newark, NJ 07103	(973) 972-5123	ER
	(973) 972-5842	Social Services

## Local Urgent Care Center's

City MD	(201) 354-1951
2317 Center Island, US-22, Union, NJ 07083	

Optum Urgent Care (973) 376-4341

200 US-22, Springfield, NJ 07081

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PM Pediatric Urgent Care (973) 467-2767

355 US-22, Springfield, NJ 07081

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Care Station Medical Group Springfield (973) 925-2273

90 US-22, Springfield, NJ 07081

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Kinder Pediatric Urgent Care (908) 505-2200

1235E W Chestnut St, Union, NJ 07083

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LenoyMED at Elizabeth (908) 731-0340

570 N Broad St Suite 10, Elizabeth, NJ 07208

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Express Urgent Care (856) 759-6560

1218 Stuyvesant Ave., Union, NJ 07083

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AFC Urgent Care Elizabeth (908) 677-5900

400 Westfield Ave, Elizabeth, NJ 07208

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Urgent Care & Walk-in Medical Suite (973) 310-2000

200 Freeway Dr E STE 305, East Orange, NJ 07018

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CityMD Newark Urgent Care (862) 246-7940

617 Broad St, Newark, NJ 07102

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MD Care Urgent Care Center (908) 691-3800

637 Westfield Ave 2nd Floor, Elizabeth, NJ 07208

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### **Local Infectious Disease Specialists**

Ana Rodriguez-Diaz, MD

(973) 877-5000

Newark, NJ

St. Michaels Medical Center

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Donald Beggs, MD Nutley, NJ	(973) 877-5000 St. Michaels Medical Center
Douglas Taylor, MD East Orange, NJ	(973) 877-5000 St. Michaels Medical Center
Jihad Slim, MD Newark, NJ	(973) 877-5000 St. Michaels Medical Center
Maria Elaine Szabela, MD Union, NJ	(973) 877-5000 St. Michaels Medical Center
Meher Sultana, MD Union, NJ	(732) 707-6543 Overlook Medical Center
Robert Roland, DO Union, NJ	(908) 522-6400 Overlook Medical Center
Douglas P Bennett, DO Summit, NJ	(908) 273-1493 Overlook Medical Center
Daniel Hart, MD Livingston, NJ	(973) 436-1719 Morristown Medical Center
Redentor S Mendiola, Jr., MD Berkeley Heights	(908) 277-8654 Overlook Medical Center
Serena Lee, MD Newark, NJ	(973) 877-5000 St. Michaels Medical Center

### Local Pharmacies

Center Pharmacy 1108 Liberty Ave, Hillside, NJ 07205	(908) 354-3169
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CVS Pharmacy (973) 318-7594

265 Long Ave, Hillside, NJ 07205

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ShopRite Pharmacy of Hillside (908) 810-8060

367 US-22, Hillside, NJ 07205

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Walgreens Pharmacy (908) 372-0466

36 Hillside Ave, Hillside, NJ 07205

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CVS Pharmacy (908) 687-3371

1011 Morris Ave, Union, NJ 07083

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Bergen Pharmacy (973) 926-9701

178-180 Lyons Ave, Newark, NJ 07112

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### Local Covid Testing Centers

Hillside Community Center (973) 346-9128

274 Hillside Ave, Hillside, NJ 07205

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COVID-19 Drive-Thru Testing at Walgreens (908) 372-0466

36 Hillside Ave, Hillside, NJ 07205

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Kean University (908) 737-5326

1000 Morris Ave, Union, NJ 07083

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Express Urgent Care – Union (856) 759-6560

1218 Stuyvesant Ave., Union, NJ 07083

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Lyons Pharmacy (973) 926-6496

471 Lyons Ave #79, Irvington, NJ 07111

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High Touch Pharmacy (908) 353-2000

344 W Grand St, Elizabeth, NJ 07202

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AFC Urgent Care Elizabeth (908) 677-5900  
 400 Westfield Ave, Elizabeth, NJ 07208

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City MD Union Urgent Care (201) 354-1951  
 2317 Center Island, US-22, Union, NJ 07083

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### **Local Covid-19 Vaccination Centers**

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CVS Pharmacy (973) 318-7594  
 265 Long Ave, Hillside, NJ 07205

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ShopRite Pharmacy of Hillside (908) 810-8060  
 367 US-22, Hillside, NJ 07205

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Walgreens Pharmacy (908) 372-0466  
 36 Hillside Ave, Hillside, NJ 07205

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Newark Beth Israel Medical Center (800) 843-2384  
 201 Lyons Ave, Newark, NJ 07112

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Lyons Pharmacy (973) 926-6496  
 471 Lyons Ave #79, Irvington, NJ 07111

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CVS Pharmacy (908) 687-3371  
 1011 Morris Ave, Union, NJ 07083

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Newark Community Health Centers (800) 994-6242  
 101 Ludlow St, Newark, NJ 07114

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Kean University (908) 737-5326  
 1000 Morris Ave, Union, NJ 07083

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Walgreens Pharmacy - Elizabeth (908) 353-7443  
 600 Newark Ave, Elizabeth, NJ 07208

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Walgreens Pharmacy – Irvington (862) 236-1348

810 Springfield Ave, Irvington, NJ 07111

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Walgreens Pharmacy – Maplewood

(973) 761-7391

1633 Springfield Ave, Maplewood, NJ 07040

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## Local Social Support Organizations

### Food

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Community FoodBank of New Jersey

(908) 355-3663

31 Evans Terminal Rd #1, Hillside, NJ 07205

*"The Community FoodBank of New Jersey (CFBNJ), a member of Feeding America®, is the leading anti-hunger and anti-poverty organization in the state. We address hunger as a health issue by providing more fruits and vegetables, nutrition education, and medical screenings to inspire positive lifestyles."*

*"Food is not distributed to the public here. You must be a registered agency in order to obtain food at which point the food is for your assigned agency."*

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St James Social Service Corporation

(973) 624-4007

604 Dr Martin Luther King Jr Blvd, Newark, NJ 07102

*"Local Food Pantry"*

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St. Joseph Social Service Center

(908) 354-5456

118 Division St, Elizabeth, NJ 07201

*"Helping the Hungry , Needy & Poor of Elizabeth, they have food , shelter & many other services."*

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Pierre Toussaint Food Pantry

(973) 792-5790

520 Dr Martin Luther King Jr Blvd, Newark, NJ 07102

*"Standard Food Pantry for those in need, call the number or look up on google the operating hours as they change week by week."*

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Rise Against Hunger New York

(862) 955-3075

60 Milltown Rd, Union, NJ 07083

*"Does not serve local community but donates to causes abroad for those interested."*

## Disability Support

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Community Access Unlimited

(908) 354-3040

80 W Grand St, Elizabeth, NJ 07202

*"Community Access Unlimited is a Union County-based nonprofit that serves people with disabilities and at-risk youth across New Jersey. We give a voice to individuals who historically hold little power in society, assisting our members with housing, life skills, employment, personal finance, relationships, civic engagement, and much more."*

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The Arc of Union County

(973) 315-0000

70 Diamond Rd, Springfield, NJ 07081

*"Social Non-Profit for people with intellectual and developmental disabilities"*

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Family Support Organization of Essex County

(973) 395-1441

60 Evergreen Pl Suite 900, East Orange, NJ 07018

*"Family Support Organization of Essex County is a family-centered, family-driven nonprofit organization that provides peer support, education and advocacy for parents of children who have emotional, behavioral, mental health, substance use, intellectual and developmental challenges."*

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Alliance Center for Independence (ACI)

(732) 738-4388

629 Amboy Ave, Edison, NJ 08837

*The Alliance Center for Independence (ACI) recognizes disability as a natural and beautiful part of human diversity. ACI is a 501(c)(3) community-based, grassroots organization that supports and promotes independent living for people with disabilities in Middlesex, Union, and Somerset counties in New Jersey."*

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## Substance Abuse and Addiction

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Prevention Links

(732) 381-4100

121-125 Chestnut St STE 301, Roselle, NJ 07203

*"Prevention Links is a private, not-for-profit organization, which takes a leadership role in the prevention of drugs, alcohol, tobacco and related issues."*

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More Life Recovery Center

(888) 825-8689

280 Main St, Metuchen, NJ 08840

*"We are an Outpatient substance Abuse Rehab. We provide individual and group therapy 6 days a week."*

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American Habitare & Counseling

(973) 799-0508

687 Frelinghuysen Ave, Newark, NJ 07114

*"AHC (American Habitare & Counseling) provides comprehensive outpatient substance abuse treatment in a friendly clinical setting. It has successfully been treating patients for over 25 years."*

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Serenity at Union New Jersey

(908) 341-1785

1000 Galloping Hill Rd, Union, NJ 07083

*"Welcome to Serenity New Jersey, where we offer vital recovery services in the quaint little town of Union, New Jersey, about 20 miles west of New York City. At Serenity New Jersey, we help patients achieve initial sobriety through medically supervised detox before transitioning to residential treatment. Afterward, you have the option of taking advantage of our outpatient programs, which allow you to continue your recovery while living at home. Serenity New Jersey is part of the Delphi Behavioral Health Group, a nationwide network of drug and alcohol addiction treatment centers. All Delphi-affiliated facilities specialize in offering comprehensive, individualized treatment."*

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## LGBTQ+ Support

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Newark LGBTQ Community Center

(973) 424-9555

89 Market St, Newark, NJ 07102

*"Meets weekly in the Newark Public Library, call to find times."*

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Hudson Pride Center

(201) 963-4779

3000 John F. Kennedy Blvd # 306, Jersey City, NJ 07306

*"Please call 201-963-4779 or email [info@hudsonpride.org](mailto:info@hudsonpride.org) to schedule an appointment or inquire about services. Services include a large range of support services for the LGBTQ+ community."*

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EDGE New Jersey

(973) 285-0006

295 E Main St, Denville, NJ 07834

*"The mission of EDGE NJ is to respond compassionately and responsibly to those infected with HIV, those at risk, and the LGBTQ+ communities by providing supportive services, housing opportunities, prevention strategies, and education to enhance the community it serves."*

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## Mental Health

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Kean Psychological Services

(908) 737-5890

215 North Ave East Campus, Rm 138, Hillside, NJ 07205

*"Kean Psychological Services provides outpatient mental health services, including therapy and assessment. We are dedicated to providing the most evidence-based treatments and evaluations to support the community. Kean Psychological Services seeks to help prepare doctoral students in clinical and school psychology to become psychologists and to provide needed behavioral health services to the community free-of-charge. We are proud to provide no-fee services through our state-of-the-art community training clinic. Our clinicians are graduate students in Kean University's Psy.D. Program in Combined School and Clinical Psychology, who represent diverse backgrounds. All clinicians are closely supervised by licensed psychologists."*

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Precious Medical Care - MENTAL HEALTH CLINIC

(908) 291-3151

288 N Broad St Suite 2A, Elizabeth, NJ 07208

*"Improving your mental health and quality of life is our priority. Most insurances accepted; walk-in's welcomed!"*

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## Family Planning and Support

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Hillside Family Success Center

(908) 409-2962

1100 Woodruff Ave, Hillside, NJ 07205

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Planned Parenthood - Elizabeth Health Center

(908) 351-5384

1171 Elizabeth Ave, Elizabeth, NJ 07201

*"Visit the Planned Parenthood health center in Elizabeth, NJ for the morning after pill (emergency contraception), abortion, pregnancy testing, STD treatment, birth control, and sexual and reproductive health care."*

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Planned Parenthood - East Orange Health Center

(973) 674-4343

560 Dr Martin Luther King Jr Blvd Ste. 100, East Orange, NJ 07018

*"Visit the Planned Parenthood health center in East Orange, NJ for the morning after pill (emergency contraception), abortion, pregnancy testing, STD treatment, birth control, and sexual and reproductive health care."*

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